



# MINI PILGRIMS

## Hidden in plain sight

# RESOURCES

The Mini Pilgrims Group Fourth Sunday Adventures spent the morning on Beacon in Penrith playing adventure games. They began with a game of hide and seek as a warm up, then during the last round of this set up the Kim's game. For the Kim's Game you will need items such: as a hat, torch, toy, pen, carabiner etc; bear in mind you will need to carry these with you so choose small, light items of differing noticeability. Place a circle of rope or similar on the ground and put the items inside. Divide into teams then give them two minutes to view the items before covering them. Hand out pencils and paper for them to write down as many of the items as they can remember. Further outdoor games can be found at [www.scoutingresources.org.uk/games/games\\_wide.html](http://www.scoutingresources.org.uk/games/games_wide.html)

What items in the game were most distracting? The ones noticed and remembered most? What things distract you during the week?

Beyond the items we begin to notice another layer: sticks, leaves, grass, insects, soil, stones – of different shapes, sizes, colours. It is easy to forget the mundane and to miss that all things have a detail and beauty to them, a richness that in turn can add richness to our own lives. Once the distractions have been removed what do you notice?

Is there also another layer beyond the physical? What do we feel when we go out into the fells, or wild natural places; do we feel peace, thankfulness, hope, confidence, comfort and others? Do these feelings seem at odds with what we expect to feel? It's this extra layer of depth and density that turns what could be just a walk on a Sunday into something more significant that continues to resource us throughout the week.

It's as though these places have more to them than meets the eye, that we are connected with something greater than self – something that we can connect with in all wild places. Throughout the rest of the activities encourage the group to take time to notice and talk about what is hidden in plain view, to notice one another, and to look out for what could be the depth and density that exists within all things.



Wet wipes and a hand sanitiser are also advised. You should ask people to dress appropriately for the time of year and wear suitable walking footwear or wellies.

A map to Beacon produced by Penrith Town Trails can be found here: [www.penrithtowntrails.co.uk/downloads/beacon.pdf](http://www.penrithtowntrails.co.uk/downloads/beacon.pdf), or for reference see: Ordnance Survey Explorer Map OL5 The English Lakes North-eastern Area.

This activity can be done on any walk. It is not reliant on a particular environment.

Please follow the **Countryside Code**. Leave gates and property as you find them, follow paths, take litter home with you, follow signs, don't destroy or remove features such as rocks and plants. For more details see: [www.gov.uk/government/publications/the-countryside-code](http://www.gov.uk/government/publications/the-countryside-code).

***Risk assessing the activity will help identify potential hazards, so that you can put into place appropriate measures as required.***